

# AGM Gym & Studio

Date: 18 May 2017 Time: 19:00

**Apologies: Wendy Palmer & Linda Willimott**

**Attendees: Kevin Brazier - Karen Turmel – Vienna Harrington - Rachel Webb – Paul Speller - Sylvia Khan – Denise Calver – Brian Fisher - Andy Yorke - Pascale Cadier & 4 members.**

## MINUTES

### **1. Actions from last fitness AGM**

The introduction of holistic master classes was discussed at the last AGM. This need has been taken on board moving forward.

VH confirmed inductions for the new equipment are available to anyone complimentary.

### **2. Chairman's Report**

It was a good year for the section with contributions for the year holding us at 1<sup>st</sup>/2<sup>nd</sup> monthly position. Over the next few months debate & voting around change of status to CASC will take place. Taking the lead in "Cross Section Participation" will give the club a greater integration feeling & appearance to new members.

Total Fitness section is circa 534

Yearly section contribution circa 177k

Another challenge is needed in the Gym and TCC (Three Cardio Challenge) has been suggested, although it was noted that perhaps non cardio activities should be included in order to provide a wider appeal. KB will discuss with representatives from each sport at the club to gauge interest.

### **3. Gym Manager Report**

Following the implementation of new cardio equipment feedback for both the equipment and layout has been positive. Gym usage is up every month in comparison to last year. This year the focus is on considering replacement weights as a lot of this equipment is looking tired. VH will look into costings.

Recruiting a new Personal Trainer has proved challenging, however Jenny (Fitsteps instructor/bar staff) will be joining the gym for an agreed amount of hours each week whilst she is studying for her Level 3 PT.

Due to ongoing issues with tidiness of the weights CCTV is being monitored and warnings will be given to those who do not put away equipment after use. This practice has been put into place and there are already signs of improvement.

### **3. Studio Manager Report**

KT reported the studio/classes are very popular, with usage increasing. Some of the popular peak classes are fully booked very quickly and this situation is proving challenging. Members get 24 hour advance booking and there are waiting lists in place for full classes.

Private hire of the studio is well supported by Street Dance Group, NHS, Karate & Ipswich School, creating a regular income.

#### **4. Election of Officers**

Chairman Kevin Brazier proposed by SK, seconded by PS  
Vice Chairman Brian Fisher proposed by VH, seconded by KT  
Secretary Rachel webb proposed by KB, seconded by DC

A unanimous vote was given for all remaining committee members to remain.

#### **5. AOB**

Andy Yorke felt that despite all the competition we are facing with new and existing gyms as a club we are doing extremely well. The club provides an excellent service and with a personal touch. Praise was given to the studio and gym teams and instructors. He congratulated VH for the gym's makeover, and confirmed it had been a very positive year in terms of growth in the current climate.

DC thanked Jenny, Darius and all the bar staff for the service provided at a recent Wake held at ISC.

#### **6. Next committee meeting 13<sup>th</sup> July 2017 6.30pm**