



AGM Gym & Studio

Date: 17 May 2016 Time: 19:30

Apologise Paul Speller, Dave Chaplin, Keith & Wendy Palmer, Jane Roper, Ray Ward & Andy Swinton

Attendees Kevin Brazier - Karen Turmel – Vienna Harrington - Rachel Webb - Sylvia Khan – Denise Calver – Andy Yorke - Pascale Cadier & 4 members.

MINUTES

1. Chairman's Report

Good year for the section, with challenging times ahead. Current section membership stands at just under 490 end of April 2016, although down, historically this has grown year on year. There is currently a vacancy for a PT covering gym and a set amount of hours.

2. Gym Manager Report

Replacement of Cardio equipment and white kit (resistance eqpt) will take place on 16 & 17/6/16, all to be provided by current provider PULSE. It was noted that Kevin was concerned regarding the timescales set for the scheduling of the remedial work, to be completed by 13/6/16 – painting, cleaning of floor tiles and installation of additional electrical sockets.

The new equipment will include:

- 2 Upright bikes with TV / HD screens
- 2 Recumbent bikes with TV / HD screens
- 5 Treadmills
- 1 lateral Trainer
- 3 Cross trainers
- 1 Watt bike

We will be also keeping the 2 concept 2 rowers, the fluid rower will go.

Resistance kit:

- Shoulder Press
- Chest Press
- Lat Pull down
- Leg extension
- Leg Press

Additional:

**Adjustable decline Bench
1 TRX**

A 2nd TV will be installed on wall to allow for variation in viewing.

There are future plans for the gym to be re-painted and the floor tiles will undergo a deep clean if necessary.

Gym Stats:

Gym New Members:

April

**Primary Interest Gym - 6
6 New, 0 Rejoin**

**Secondary Interest Gym - 7
7 New, 0 Rejoin**

March

**Primary Interest Gym - 10
3 New, 7 rejoin
Secondary Interest Gym - 4
4 new, 0 rejoin**

Primary Interest Gym total of 320 members

Gym Usage

**Jan 2016 1669 compares to 1592 Jan 2015
Feb 2016 1418 compares to 1497 Feb 2015
March 2016 1542 compares to 1687 Mar 2015
April 2016 1462 compares to 1675 April 2015**

**Total of Inductions, reviews, junior inductions
16 in March 2016 compares to 9 in March 2015
8 in April 2016 compares to 13 April 2015**

3. Studio Manager Report

Change in policy for non-members booking classes from 7 days in advance to 6 days in advance thus giving members priority.

Due to popularity an additional Pilates class will take place at 13:30 on Wednesdays and will commence 25/5/16.

There are 13 permanent instructors and 10 regular cover instructors.

Studio stats:

May 2015 members – 143

May 2016 members – 168

May 2015 usage – 55%

May 2016 usage - 66%

4. **Election of Officers – Proposed and seconded for officers to remain the same. Andy thanked the committee for their time and commitment given.**

5. **A.O.B**

The following suggestions were made by the members attending meeting:

- a. **The introduction of a Masterclass for yoga etc... Maybe a half day/full day holistic class – It was agreed this was a good idea and Karen confirmed she would look into it and speak to the holistic instructors.**
- b. **Could members be given assistance when first using the new equipment – Vienna agreed.**
- c. **It was suggested that we issue survey forms on a regular basis to obtain up to date requirements/feedback from members.**
- d. **An increase in classes in the early afternoon was requested and Karen advised that the new pilates class was taking place at 13:30 on Wednesdays and, if popular they would look into further classes being introduced. Andy did confirm this would increase expenditure on paying instructors and we would need to look at how we finance this additional cost.**
- e. **It was noted that there had been issues with the monitors on some of the spin bikes and Karen confirmed this was being dealt with.**
- f. **Denise advised that a member- Jan (not present) thanked Karen for continued success of classes/gym timetable.**

Kevin thanked all committee members for their time and dedication.

6. **Next meeting 14 July 6.30pm**