



SPECIAL OFFER!
5 HALF AN HOUR PERSONAL
TRAINING SESSIONS FOR ONLY 50
POUNDS!

INCLUDED:

5 half an hour personal training sessions, tailored to suit you and your exercise goals.

Measurements taken including weight, waist, body fat % and blood pressure.

Nutritional advice and food diary support (optional.)

**Contact Leanne to book or with any queries
on:
07545390502
leannewebb7@hotmail.co.uk**