



Join **TEAM ISC** for the
IPSWICH RACE FOR LIFE
PRETTY MUDDY 5K
OBSTACLE RUN FOR WOMEN
In aid of Cancer Research UK

Saturday 24th June 2017



Adult: £19.99 (16 yrs+)

Child: £10.00 (13-15 yrs) – No under 13s



Start time: 12 Noon

Trinity Park, Felixstowe Road, Ipswich, IP3 8UH

If you are interested in taking part and getting **MUDDY**
then please contact:

Vienna Harrington in the Gym or e-mail

gym-fitness@ipswichsports.co.uk for the **TEAM ISC** group entry details

LET'S GO GET MUDDY!!!