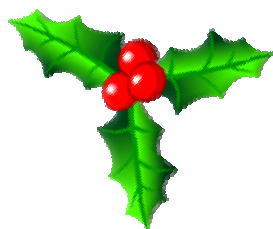
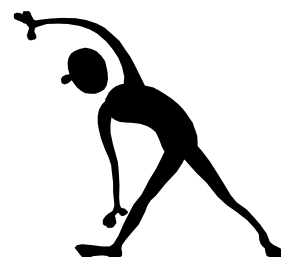


CHRISTMAS & NEW YEAR



STUDIO CLASS PROGRAMME 2017



All Studio Classes up to & including 23 December as Normal Timetable

Studio Classes will be 'subject to numbers' during the festive period so please ensure that you **BOOK** your Classes either Online or via Reception to ensure that they go ahead!

Low numbers may mean that your class is cancelled.

Monday	18 December	Normal Timetable
Tuesday	19 December	Normal Timetable
Wednesday	20 December	Normal Timetable
Thursday	21 December	Normal Timetable
Friday	22 December	Normal Timetable
Saturday	23 December	Normal Timetable
Sunday	24 December	xxx No Classes xxx
Monday (BH)	25 December	CLUB CLOSED
Tuesday (BH)	26 December	xxx No Classes xxx
Wednesday	27 December	Normal Timetable – but No BodyPump® Express Early AM, No Pilates Early PM
Thursday	28 December	Normal Timetable – but No Body Extreme Early AM, No BodyBalance® PM
Friday	29 December	Normal Timetable – but No Spin Early AM, No Core Circuits AM
Saturday	30 December	Normal Timetable
Sunday	31 December	xxx No Classes xxx
Monday (BH)	1 January 2018	xxx No Classes xxx
Tuesday	2 January 2018	Normal Timetable

Merry Christmas & a Happy New Year from all the Studio Team!